

## ADDITIONAL MEETING IDEAS

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# Decide To Rise - Introduction to the Theme

Start with the “Decide To Rise” Meeting Plan and Video Story.

### BEFORE THE MEETING:

If this is your first meeting, use social media to introduce group leaders. Create a fun video introducing all of the leaders or highlight a different leader every day by sharing her picture and a quick bio.

Ask leaders who will appear on camera to decorate their spaces. It will help your group start off with a positive, fun atmosphere.

**Ahead of your meeting, drop the listed items below either on each member’s porch or provide a pick up drive thru at your church or local park. Deliver the following items to attendees:**

- One blank *Decide To Rise* card. Download and print from <https://leaders.mops.org/downloads/leader/21-DTR-card-downloadable.pdf>. You could also email a copy of the card to each member and have her print her own card.
- A mug, blank tile or glass jar to use to complete the DO activity.
- Instructions for the “Marble Paint” activity: <https://www.pinterest.com/pin/502995852132346735/>
- A supply list so each member can gather the following items before the meeting (include these items: *Decide To Rise* card, marker, bottle of nail polish, cup of water, instructions and item to paint for the “Marble Paint” activity)
- A copy of a “Getting to Know You” icebreaker. We like this one: <https://www.pinterest.com/pin/500673683551895007/>.

### DURING THE MEETING:

Have women fill out the “Getting to Know You” page. Ask a few women to share their answers for each of the categories. Then ask them to take a picture of their completed pages and post the pictures on your group’s social media during the week.

Do the “Show Your Cards” activity.

Share the *Decide To Rise* video and use the discussion questions from the meeting plan.

**Talk through the steps to complete the “Marble Paint” activity in one of these ways:**

- Work on the activity while you are discussing the questions.
- If you have time, work on the activity while you are talking through the “Getting to Know You” page.
- Have women complete the activity on their own and make sure they bring their completed pieces to the next meeting (whether it’s in-person or virtual).

### AFTER THE MEETING:

- Email each woman a copy of the “Go Deeper” devo and post the questions on your social media during the week.
- Pick a day during the week and remind members to share their “Getting to Know” You pages.
- Have discussion group leaders personally text or call each attendee. Have her prepared to answer any questions about membership and the group.