

OCTOBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>"I'm so glad I live in a world where there are Octobers."</p> <p>L.M. Montgomery, <i>Anne of Green Gables</i></p>		<p>World Vegetarian Day</p> 	<p>Get Organized Week</p>  <p>...easier said than done</p>	 <p>Techies Day</p> <p>Learn a new feature on your phone</p>	<p>Breast Cancer Awareness</p> <p>Do your self-exam</p> 	<p>Frugal Fun Day</p> <p>Play cards</p> 
<p>Celebrate fall flavors with pumpkin soup</p> 	<p>World Smile Day</p> <p>Share smiles all around</p> <p>sm;)e!</p>	 <p>Rotate your child's toys – put some away for a cold day</p>	<p>Fire Prevention Day</p> <p>Check your extinguishers</p> 	<p>Think of 10 people you appreciate, & tell them!</p>	<p>Couple Time!</p> <p>Get a babysitter & go out!</p>	 <p>Have your kids draw pictures for an older relative</p>
<p>Take a Sabbath & enjoy family time</p>	<p>Be thankful Canadian Thanksgiving</p> 	<p>Visit Hello, Darling regularly... MOPS.org/blog</p>  <p>hello Darling</p>	<p>QUICK SEARCH</p> <p>Dictionary</p> <p>SEARCH</p> <p>National Dictionary Day</p> <p>Learn a new word</p>	<p>What chapter titles would you use for your life?</p> 	<p>Tell knock-knock jokes & GIGGLE after dinner</p> 	<p>When you start TO COMPARE yourself to another mom, PAUSE & BE THANKFUL</p>
<p>Download a new song & dance to it!</p> 	<p>Get together with MOPS FRIENDS to bake and freeze dinners</p> 	<p>National Nut Day</p> <p>Add nuts to each meal</p> 	<p>Have tea with a friend from a different generation or life circumstance</p> 	<p>Have a bologna sandwich for National Bologna Day</p> 	<p>Two months until Christmas!</p> <p>What will you focus on this holiday season?</p>	<p>God created you and loves you!</p> 
<p>Mother-In-Law Day</p> <p>Appreciate her!</p> 	<p>Read MomSense magazine for some... Ahhh ME TIME!</p> 	<p>Take some extra snuggle time after bedtime prayers tonight</p> 	<p>Realize that you aren't perfect & that's OK!</p>	 <p>In Scotland & Ireland children go "guising" from house to house in disguise</p>	 <p>Mothers of Preschoolers</p> <p>MOPS.org</p>	