



WORKSHOPS



ALISHA L. GORDON



Alisha L. Gordon, M.Div. is a well sought-after writer, teacher, scholar activist and public theologian. Smothered and covered in southern charm, Alisha has utilized the many intersections of her life to have a global reach to share the stories of the marginalized and to be a prophetic voice in the world.

Alisha has traveled the world, including Brazil, Uganda and Palestine, working with scholars and social activists in effort to bridge the gap between those who are marginalized and those in power. As a journalist and blogger, Alisha's unique blend of social commentary, religious engagement and popular culture has led her to a life committed to using her faith and her social interests to engage in deeply meaningful conversations about race, difference and social justice. Between writing, teaching and traveling, Alisha is raising a beautiful 12-year-old in the New York City area.

Bridge Builders: Diversifying the Everyday

Diversity: a “buzzword” we often hear when we are seeking to incorporate different faces, voices and experiences into our worship, work and life spaces. Sometimes the difficulty in participating in intentional inclusion are the “blind spots” that our social location and context bring to the process. In this workshop, MOPS Leaders will learn how to identify the “blind spots” of diversity inclusion and uncover new ways to engage in intentional bridge building.

ARLENE PELLICANE



Arlene Pellicane is a speaker and author of several books including *31 Days to Becoming a Happy Mom* and *31 Days to a Happy Husband*. She is also co-author of *Growing Up Social: Raising Relational Kids in a Screen-Driven World* (with Gary Chapman). She has been a featured guest on the Today Show, Fox & Friends, Focus on the Family, FamilyLife Today, The 700 Club and Turning Point with Dr. David Jeremiah. Arlene is on the writing team for Proverbs 31 Ministries and Girlfriends in God. Before becoming a stay-at-home mom, Arlene worked as the Associate Producer for Turning Point Television with Dr. David Jeremiah. Arlene earned her bachelor's degree from Biola University and her master's in journalism from Regent University. Arlene lives in San Diego with her husband, James, and their three children.

Three Myths Women Fall For

The ideal mom is often portrayed in an impossible light. It's easy to fall into the trap of believing that you're not good enough, smart enough or pretty enough. In this encouraging and funny workshop, Arlene Pellicane will expose three crippling lies: I am not beautiful. I have a terrible body. I don't have enough time. Find hope as you realize God has created you with beauty and purpose. Rewrite your narrative and watch as other areas of your life dramatically improve as a result.

CARI JENKINS



With over 25 years of relational ministry experience, inside and outside of the local church context, Cari Jenkins uses her gifts and experience to make the kingdom of God tangible through relationship, acting as a pastor to those without a pastor. In partnership with the company Urban Skye, she seeks to share the story of Jesus and his invitation to live into our truest identity as children of God. She also walks with others and coach them to live out of that identity: living as people of blessing in the world. She loves to see individuals formed by Jesus transform the places they live, work and play.

Cari Jenkins lives in Englewood, Colorado, where she loves to host, redecorate daily, play often and create beauty. She aims annually to host over 500 people for meals in various forms and to encourage true hospitality within others.

Identity Matters

We wrestle with identity daily. Identity questions are some of the most important questions that we ask. The answers to these questions will either bring us life or can make life miserable, confusing and cause a lot of heartache. Identity matters. In this workshop, we will learn about the source of identity, how to tell what our identity is placed in, how to see healing brought to us and what it looks like to live out of our true identity.

SISSY GOFF

Sissy Goff, M.Ed., LPC-MHSP, spends most of her days talking with girls and their families, with the help of her counseling assistant/pet therapist, Lucy the Havanese. She has worked as the Director of Child and Adolescent Counseling at Daystar Counseling Ministries in Nashville, Tennessee since 1993 and has a master's degree from Vanderbilt University. A sought-after speaker for parenting and teacher training events such as d6, MOMcon and dotMom, Sissy has spoken to thousands of parents, teachers and girls across the country. Sissy is the author of eight books including her newest, *Are My Kids on Track?* and *Raising Girls*. Sissy is a regular guest and contributor to media shows and publications such as *Today's Christian Woman*, *ParentLife* and *Parenting Teens* magazines. You can find her and follow her blog at raisingboysandgirls.com.



Modern Parents, Vintage Values

"All of my other friends have iPhones."

"I hate you!"

"Everyone else gets to."

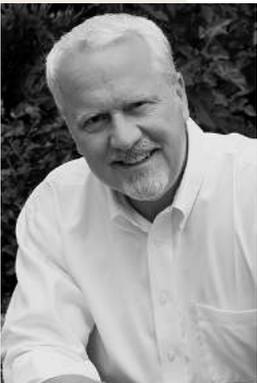
"No one else has to do chores at their house."

If you have ever heard any of the above sentences, this workshop is for you. If you've ever said the words, "If I ever treated my parents the way my child treats me," this workshop is for you.

We look at what it means to bring vintage values into a modern world. We'll talk specifically about how to deal with issues that are more rampant and concerning than ever before: disrespect, entitlement and the trappings of technology. We'll also look practically at how to teach your children values like confidence, forgiveness and responsibility. Finally, we'll explore help your child to feel sure of who they are in the security of you as their wise, connected, respected and modern parent.

DR. TIM JOHANSON

Dr. Tim Johanson is an Associate Professor of Pediatrics at the University of Arizona. He was a practicing pediatrician for 26 years in Minneapolis before accepting his current faculty position in Tucson, Arizona. "Dr. J's" passion for parenting comes from his observation that most parents experience great stress and confusion around raising children. His greatest joy is helping parents understand and integrate a "different way" to parent their children and seeing a positive transformation in their relationship and their child's trajectory in life. His practice focuses on children with behavioral challenges and he loves teaching his pediatric residents the importance of coaching parents through difficult parenting times. He and his wife, Susan, live in Arizona, have three grown children, a dog from Peru and frequently visit friends and family in Minnesota.



MICHAEL ANDERSON

Michael Anderson is a licensed psychologist who has been in practice in Minneapolis for 35 years, studying the way kids grow up. His primary clinical focus is helping parents understand what their child needs from them. Mike believes that most parents relentlessly love their children, yet parenting has become far too laborious for most. Ineffective parenting leads to "wasting many hours and spending emotional energy in parenting strategies where nothing positive is produced." Mike's inquisitive nature and unusual perspectives have resulted in insights that are refreshing, thought-provoking and unique. His ideas will make you examine what you believe about parenting and the journey to adulthood. Mike and his wife, Carolyn, reside in the Twin Cities and have three grown children.

Us vs. Them: Fostering Empathy in a Comparison Culture
Workshop co-led by Dr. Tim Johanson & Michael Anderson

From their book, *GIST: The Essence of Raising Life-Ready Kids*, Psychologist Michael Anderson and Pediatrician Tim Johanson will introduce parenting principles that foster a caring heart in a child. Empathy for others may be a natural part of a child's wiring or may be something a child needs to develop. While some parenting strategies help develop empathy, some may hinder it. Join the authors as they unpack practical ways to foster empathy in a child.



EMILY P. FREEMAN



Emily P. Freeman is *The Wall Street Journal* bestselling author of *Simply Tuesday*, *Grace for the Good Girl*, *Graceful* and *A Million Little Ways*. She's been writing online for over 10 years and recently co-founded a growing community for writers called hope*writers. Whether writing or speaking, Emily uses her words to create space for the soul to breathe, offering a fresh perspective on the gracefulness of the everyday and the sacredness of our inner lives. She and her husband live in North Carolina with their three children. Connect with Emily online at emilypfreeman.com.

Let Go of Your Try-Hard Life With This One Simple Phrase

At what point did “take a shower” become a major task on our to-do list? When her twin girls were in preschool and her son was a baby, Emily P. Freeman always felt busy, but never seemed to get anything done. If you've ever found yourself trying hard to stay organized in the midst of toddler chaos and rediscover that put-together woman you used to be before you had kids, you're not alone. The bad news is, that productive, pre-kid, sane version of you, she isn't coming back. The good news is, you don't actually need her anymore. Join Emily as she shares a little known time management secret: a seven-word phrase that can rescue your days from the grip of try-hard, mom-task whiplash and deliver you into the peaceful presence of Jesus, one small moment at a time.

KATHI LIPP



Kathi Lipp is a national speaker and the bestselling author of seventeen books including *Clutter Free*, *The Get Yourself Organized Project*, *The Husband Project* and *Overwhelmed*. She is the host of the popular podcast *Clutter Free Academy With Kathi Lipp* and the founder of Communicator Academy, helping writers and speakers build life-giving platforms. She and her husband, Roger, are the parents of young adults in San Jose, California. Kathi speaks at conferences across the country.

CHERI GREGORY

Cheri Gregory is an author, speaker, blogger, writing coach, high school English teacher and graduate student. She's co-authored two books with Kathi Lipp, and co-hosts the *Grit 'n' Grace* podcast with Amy Carroll. Cheri and her college sweetheart, Daniel, have been married for almost 30 years. They have two young adult children, Annemarie (26) and Jonathon (24) and live in California.

Overcoming Overwhelmed for Moms: Pursuing Peace-Filled Parenting Workshop co-led by Kathi Lipp & Cheri Gregory

Have you accepted chaos as a fact of mothering? Are you plagued by fear and regret when it comes to parenting decisions? Do the problems of parenting keep you from being the person God created you to be? We are designed for more than defaulting to “overwhelm” every day! Whether you are working with overwhelmed moms, or you are the one who is, this workshop will reveal the causes of your “overwhelm” and create a plan for peace. Kathi Lipp and Cheri Gregory, co-authors of *Overwhelmed: How to Quiet the Chaos and Restore Your Sanity* will teach you how to:

- Discover the hidden causes of what creates “overwhelm” in your parenting and take steps to stop them before they start.
- Make intentional choices each day that will cause your future self to thank you.
- Care less about your child liking you and more about becoming the parent God intended you to be.
- Stop punishing yourself for past parenting mistakes and create a path to making wise parenting decisions.
- Design a schedule that cares for both you and your kids.
- Develop the ability to only say yes to the things that only you can do.

Combining biblical wisdom with everyday practical application, Kathi and Cheri will help you create a plan to keep peace as a permanent part of your parenting.



TRICIA GOYER



USA Today bestselling author, Tricia Goyer, is a prolific author of more than 60 books, including *Walk It Out: The Radical Result of Living God's Word One Step at a Time*. Tricia travels around the U.S. and overseas, sharing stories of truth, encouragement and hope, but her favorite place to be is at home with her family. She is a home-schooling mom of 10, grandmother of four and wife to John. She is the founder of Hope Pregnancy Center in Kalispell, Montana and now leads a Teen MOPS support group in Little Rock, Arkansas. Connect with Tricia at triciagoyer.com.

Walk It Out: Teaching Our Kids to Follow Us As We Follow God
Sponsored by David C Cook

Want to raise amazing kids who know God's Word and are excited to do what it says? Then it's time to walk it out. Family Bible study, prayer and Christian teaching are an important first step, but this inpouring of truth must be followed by an outpouring. It is our job as moms to show our kids what it means to care for the poor, serve widows and orphans, and treat all people with dignity and respect. Tricia shares practical ideas for disciplining kids to walk out scriptural mandates and discover an exciting life of meaning and purpose.

TONI LINDER



Toni Linder, Ed.D., Professor Emerita, Child, Family and School Psychology Program, University of Denver. Dr. Linder consults nationally and internationally on assessment, intervention, early childhood education, program development, family involvement issues and the importance of play to children's development. Learn more at simplyfun.com.

The Difference Play Can Make
Sponsored by SimplyFun

Time to play! Explore the importance of different types of play for your kids and your family. You will learn how parents can assume the roles of protector, provider, observer and playmate in their child's life. Dr. Toni Linder, a renowned early learning expert, will teach you how to make playtime not only fun, but also beneficial for your child's emotional, social, language, cognitive and motor development. Play can create opportunities to practice and enhance academic learning and ensure children develop to their full potential. And because SimplyFun is all about play, attendees will experience firsthand the principles of play presented.

AMANDA ANDERSON



Amanda Anderson is a bible teacher, blogger, freelance writer and former Editor-In-Chief of *Coast Kids* magazine in Orange County, California. She attended MOPS at her home church, Mariners Irvine, for nine years and served as her group's Coordinator. For the last five years, she has been speaking to MOPS groups throughout Southern California about building authentic friendships, spiritual self-care and letting go of perfectionism. She is the wife of her college sweetheart for 17 years and an often-at-home mother to two daughters (4th and 7th grade).

All My Friends Have Issues: Real Thoughts on Real Relationships With Real Women

We all crave relationships with other women. The problem is, all the women we know have issues. Human imperfections make relationships risky: We fear being hurt, misunderstood or rejected and worry that we might let our friends down too. There are ways to manage these risks and create the safe relationships we crave, but hiding who we really are is not one of them! This workshop is designed to help any mom looking to create deep, fun, supportive friendships and to teach MOPS Leaders how to create an environment where these friendships can flourish. With humor, biblical truth, and psychological research, Amanda Anderson will teach on the "enemies" (competition, comparison, perfectionism, secret keeping), and "friends" (honesty, mutual encouragement, willingness to learn from one another's differences) of authentic friendships. We'll learn that despite all our issues, being known and loved far outweighs the risk of imperfect friendships.

MANDY ARIOTO



Mandy Arioto is the President and CEO of MOPS International and is widely known for her unique take on parenting, relationships, and spiritual and cultural issues. Through MOPS, which influences millions of moms through thousands of groups, Mandy serves as the voice of one of the most influential parenting organizations in the United States and around the world. Prior to joining MOPS International, Mandy was a preaching pastor at Mosaic, a church based in Southern California. Mandy has been featured on *msn.com*, *theknot.com*, *thenest.com* and *Fox*. She regularly speaks to national and international audiences. She and her husband, Joe, live in Denver, Colorado and have three young children, Joseph, Ellie and Charlotte. Mandy's debut book *Starry-Eyed: Seeing Grace in the Unfolding Constellation of Life and Motherhood* is available now wherever books are sold.

The Power of Us

In this workshop, Mandy Arioto will discuss how to harness the power of women coming together. Mandy will share inspiring stories, along with practical ideas on how to reach more moms in your community. She will also talk about how MOPS will be reaching 1 million moms and how God is moving around the world.

DAVE THOMAS



David Thomas, L.M.S.W., is the Director of Family Counseling at Daystar Counseling (daystarcounseling.com) in Nashville, Tennessee, the co-author of six books, including the best-selling *Wild Things: The Art of Nurturing Boys* (Tyndale House Publishers), a frequent guest on national television and radio, has been featured in publications like USA Today and speaks across the country. His video curriculum, *Raising Boys and Girls: The Art of Understanding the Differences* and newest book, *Intentional Parenting*, are now available. He recently completed *Are My Kids on Track? The 12 Emotional, Social & Spiritual Milestones Your Child Needs to Reach*. He and his wife, Connie, have a daughter, twin sons and a feisty yellow lab named Owen. You can find David offering parenting tips at raisingboysandgirls.com.

Emotions and Young Children

According to statistics, we are the most addicted, in-debt, depressed, obese population in U.S. history. We go to great lengths to avoid, deny, medicate or suppress emotions. This country is full of adults who never learned how to navigate their emotions in a constructive way. What would it look like to raise a generation of emotionally and spiritually healthy children? This workshop will focus on understanding the emotional development of young children. We'll identify three important emotional milestones for developing children and the ingredients for helping them reach them. We will explore the role of temperament in nurturing kids and introduce practical ideas for furthering a child's emotional development.



ERIN LOECHNER

Author of *Chasing Slow* and founder of *Design for Mankind*, Erin Loechner has been blogging and speaking for more than a decade. Her heartfelt writing and design work has been showcased in *The New York Times*, *Lucky*, *Parenting*, *Dwell*, *Marie Claire*, *Elle Decor*, *Huffington Post* and a two-season hgtv.com web special, garnering over 1 million fans worldwide. She has spoken for and appeared in renowned international events for clients such as Walt Disney World, IKEA, Martha Stewart and Home Depot. Now nestled in a Midwestern town, Erin, her husband and their toddler strive for less in most areas except three: joy, grace and goat cheese.

Slow it Down: One Mother's Journey Off the Beaten Path

Join Erin Loechner, bestselling author of *Chasing Slow* and founder of *Design for Mankind*, in turning away from fast and frenzy to the journey that matters most: the one God has given us for today. Follow along as Erin shares heartfelt stories and hard truths to refresh the race you're running while choosing grace over grit, peace over performance and sacrifice over status.



SHAUNTI FELDHAHN

Shaunti Feldhahn never expected to be a best-selling author, international speaker and well-known social researcher. With a graduate degree from Harvard and a background on Wall Street and Capitol Hill, Shaunti was headed in a completely different direction – but, as she puts it, “God had another idea.” Often working with her husband, Jeff, Shaunti now uses her analytical experience to uncover the factors that lead people to thrive in their life and relationships. Today, her research is featured in media worldwide and her books, such as *For Women Only*, have sold more than 2.5 million copies in 24 languages. In her most recent research study for her new book, *The Kindness Challenge*, Shaunti discovered that kindness is a superpower – and one we all deeply need today. Shaunti and Jeff live in Atlanta with their two teenage children and two cats who think they are dogs.

Kindness Changes Everything

Did you know that there is ONE thing holding most of us back from the truly abundant life and relationships we are longing for? We are not nearly as kind as we think we are! Even very loving, giving, caring people have daily habits of *unkindness* that we don't even recognize, and which are sabotaging us without ever realizing it. After years of research, renowned social researcher and best-selling author Shaunti Feldhahn has identified what those habits are, three simple actions that change everything – and how the superpower of kindness will not only transform any relationship, but transform YOU. This is a time in our culture when kindness has never been more needed, and every person is feeling the need for it. This energetic, hilarious, convicting and ultra-practical talk gives every listener three simple, do-able, actions that will lead to life change for themselves and everyone around them!



AMANDA INCHAUSTEGUI

Amanda is an associate partner with Novus Global, and elite executive coaching firm. For the past 15 years, she has been leading teams and people, empowering them to discover and live out their vision for their lives. She has two Master's Degrees and two Bachelor's degrees from four different institutions, focusing on leadership and team development, working in both the for-profit and non-profit sectors. She has led teams and trainings in Los Angeles, Kansas City, New York City, Mexico, Jamaica, Kenya and Australia. She has coached clients one-on-one for the past decade, holding space for clients to get fully honest with themselves, making powerful shifts that begin to transform every area of their lives. Amanda is a mom of 2 boys – 12 and 9, they live in Los Angeles, California.

Locating and Developing Leaders in a Community: How to Create a Culture of Leadership

One of the greatest challenges a leader faces is knowing how to identify, recruit and develop new leaders. Even more challenging, is creating “a leadership culture.” The reality is that a “leader” is rarely just one person, but rather a function of many roles played out by a community. This workshop will describe not only how to grow leaders, but create a culture of leadership.



MARY MESSINA

As a wife and mom to three young men, Mary Messina is ready to talk real life. For the past 20 years, she has been writing and speaking about what it means to live an intentional life for yourself and those you love. Her authentic storytelling will have you laughing and crying all at the same time!

Mary, a graduate in religious studies, sociology and public relations with a background in finance, is part of The Love & Money Project.

BELINDA BASSENE

Belinda Bassene is a firm believer that sprinkles make the world a better place. In addition to being a lover of fun, Belinda is a wife, mom and woman committed to empowering people to fully experience life and embrace who God is calling them to be. She has traveled the United States over the past 15 years bringing the message of love to various groups of people from young to old.

Belinda graduated with an elementary education and leadership degree. Since her time at Kansas State University, she has worked in nonprofit ministry and is now part of The Love & Money Project.

Everyday Ways to Raise Generous Kids

Do you want to raise a world-changer? Or give your kids the gift of freedom from envy, greed and entitlement? The key will be to raise them in a countercultural way – with a focus on generosity. The messages most kids hear today have them thinking, It's all about me. The good news is there are simple ways to change their perspective. Build a legacy of confident, generous kids who show kindness to others. Find out how in this workshop.



MATT MCKEE

Matt McKee is an entrepreneur, writer, speaker and consultant. He has been involved in launching curriculum, technology companies and has written two books: *Be Social: The Social Media Handbook* and *Parent Chat: The Technology Talk for Every Family*. He is still trying to answer the question, “How do I leverage innovation for the greater good?” He is married to Jessica and the dad of Patriot and Azlan. You can follow him at meetcircle.com.

It's Time for the Tech Talk
Sponsored by Circle with Disney

Last year, Matt McKee wrote a book entitled, *Parent Chat: The Technology Talk for Every Family*. According to Matt, the number one thing parents say they need help with is how to parent kids who are always using technology. Parents feel overwhelmed, under-equipped and mostly lost. In this workshop, parents will learn what questions to ask, what matters most and how to combat the fear that comes with their children knowing more about technology than they do. Technology can be hacked, but the lasting relationship that comes from the parent child bond cannot. This workshop is the resource to help any parent who has ever said, “I give up on trying to keep up with technology.”



KRISTA GILBERT



Krista Gilbert lives in a small lakeside town in the Pacific Northwest with her family. She likes to cook for a crowd. In fact, the bigger the crowd, the bigger the party. Her first book, *Reclaiming Home: A Family's Guide for Life, Love and Legacy*, released this year and shares many of the practical ways she makes her family functional, meaningful, intentional and fun. At the center of all this is Krista's deep faith and her love for the people God has placed at her table. You will find her online at kristagilbert.com and meaninginaminute.com, or podcasting at *The Open Door Sisterhood*.

Reclaiming Home

Is your home a place of peace? Or is your family's pace spinning out of control? Parenting in an era filled with busyness and distraction can cause us to miss the true connection with our children and spouse that we desire. But there is hope! Krista Gilbert is full of practical, easy to implement ideas on how we can *Reclaim Home* and have a solid family life and well-nurtured relationships in the midst of the crazy-busy. As a mom of four, her real-life solutions are tested and proven to make modern lives work better, so that we might give our best attention to what matters most, those around us. Let's be done with the overwhelmed pace and let's live life on purpose!



ED OLLIE, JR.

Ed Ollie, Jr. is a husband, dad to two daughters and a son and Senior Associate Pastor of Hermitage Hills Baptist Church, located near Nashville, Tennessee. Over the past 23 years, Ed has developed a passion for inspiring thought leaders in the areas of faith, leadership development and reconciliation. He has shared with thousands of people at conferences, colleges, professional and collegiate teams and churches about his passion for helping leaders fulfill their dreams and helping those they lead win. Ed reluctantly enjoys social media and may possibly be the last Gen Xer to join Facebook (January 2016). As a thought leader, he enjoys leading change and has learned a few things along the way.

POLY ROUSE

Poly Rouse is a husband and a father. Seeing LIFE change through Jesus Christ excites him most. Poly has been serving at Hermitage Hills Baptist Church near Nashville, Tennessee for over 14 years. He continues to guide his church through LIFE: loving their community through acts of kindness; impacting their city through multiplying the church; fortifying the nation through strengthening marriages and families; embracing the world through missional living. Poly rides a Harley, is a Florida State Seminole fan, and loves to hunt, fish and play golf with friends. He and his lovely wife, Julie have three boys: Dustin (who is married to Lindsay and they have three precious children Hudson, Hayden and Henley), Drew (who is married to Celia and they have two sons, Tristyn and Kiptyn) and their youngest son Daniel.

Reproducing Leaders: Expanding Your Influence – Workshop co-led by Ed Ollie, Jr. & Poly Rouse

Join this dynamic pastor team for honest and practical ideas that you can put to use now. You'll shake your head and laugh, then see it all fall into place. This session will strengthen your ability to identify, develop and reproduce MOPS Leaders by building a shared leadership culture.





JENNIFER DEGLER

Psychologist, life coach, author of *No More Christian Nice Girl*, wife and mom, Dr. Jennifer Degler is passionate about helping people create healthy, successful relationships through her counseling practice, podcasts, blogs and videos found at healthyrelationshipsrx.com. As the sizzling part of HRx, the *CWIVES Dare of the Month* newsletter helps thousands of wives across the world initiate creative sexual encounters with their husbands. Dr. Jennifer maintains a counseling practice, leads marriage retreats and women's retreats, and is frequently interviewed by media as an expert in relationships, sexuality and mental health.

Making Your Marriage Sizzle

Is your sex life more fizzle than sizzle? This fast-paced, fun seminar will have you laughing non-stop as you learn how to maximize your body's responsiveness, make peace with your hormones, eliminate sexual pain, emotionally connect with your husband, settle conflicts over sex and cultivate a healthy, biblically-based, enthusiastic view of sex. You'll leave knowing how to fan your flame of sexual desire!



SETH HAINES

Seth Haines is an attorney, author and speaker who makes his home in the Ozark Mountains. He and his wife, Amber, have four boys: Isaac, Jude, Ian and Titus. Seth enjoys music, food, fly fishing and fine sentences. He is the author of *Coming Clean: A Story of Faith* (Zondervan 2015), an Award of Merit honoree in the category of Spiritual Formation in *Christianity Today's* 2016 Book Awards. Seth explores issues of spirituality, including pain, doubt, faith and the loving presence of an abiding God. You can find him at sethhaines.com or on Twitter at [@sethhaines](https://twitter.com/sethhaines).

Proper Dependence—the Jesus Way to Freedom

Wine, pain pills, shopping, eating, starving yourself, performance, people pleasing—don't we all struggle with some sort of habit, compulsion, or addiction? In this workshop, Seth Haines, author of *Coming Clean*, will lead you through the roots of dependency and into an understanding of what it means to be truly sober through the power of Christ. Join him as he leads you in an experience of *inner sobriety*, the Jesus way to complete freedom.



DANA MCKEE

As a certified coach, teacher and speaker, Dana McKee offers workshops, seminars, keynote speaking and coaching to aid in the personal and professional growth of individuals and groups. Through the study and application of proven leadership methods, she helps individuals, teams and organizations achieve their immediate goals and reach their full potentials.

Dana understands the universal truth that we all wish to live a life of significance. Her mission is to help her clients understand and achieve their definition of significance through the daily discipline of "being intentional." The rat race of life can distract from recognizing and acting upon what really matters. By practicing "intentionality," every relationship can prosper – from the most intimate bond to strictly formal business partnerships. Everyone leaves a legacy. Through intentionality, yours will impact the generations to come.

Lead Like Jesus

We are all leaders. When we strive to be a more impactful leader, to whom can we turn for help? The answer is simple: Jesus. The greatest example was set over 2,000 years ago. Join me in discovering how Jesus uniquely wired you to reflect him in not just your leadership style, but in your daily interactions with the world of people he loves.

LISA BRONNER



Lisa Bronner is part of the Dr. Bronner family, makers of the top-selling natural soap in the U.S., stay-at-home mom of three and has a 12-year history in her local MOPS group. Lisa founded her blog, “Going Green With a Bronner Mom” in 2009 to help others develop a healthier home and lifestyle. Her articles have appeared online in *Prevention Magazine* and *Huffington Post*. A Los Angeles native, she has a bachelor’s from Duke University and has taught English and journalism. Gathering her family around the dinner table is the single most important parenting act in her day. Visit her online at drbronner.com.

Green up Your (Cleaning) Act!
Sponsored by Dr. Bronner

While “housecleaning” might be a dirty word, the carcinogens, endocrine disruptors and sensitizers common in many popular household cleaners are dirtier! We want to clean up those magnificent messes our little ones excel at creating, but we don’t want to replace them with something worse. Conventional cleaners too often remove dirty, but leave deadly. Lisa lays out the problems with conventional cleaning products and gets you started on a Green It Yourself routine with healthy and sustainable solutions. Through G-I-Y, Lisa Bronner promises you more time, more money, more peace of mind and some valuable life lessons for your kids ... and you thought this was just about housecleaning!

DAWN RUNDMAN



Dawn Rundman holds a Ph.D. in developmental psychology and is currently Sparkhouse’s Director of Product Development and the Brand Champion for Frolic, a family of early childhood resources. Dawn speaks at events and in congregations about the thrilling intersection of faith and neuroscience, especially during the early childhood years. She lives in the Twin Cities with her husband/prom date, Jonathan, and their two kids, Paavo and Svea. Learn more at sparkhouse.org.

You Are an Experience Architect
Sponsored by Sparkhouse Family

How do you fit faith into day-to-day life with all the other demands you face? You can easily design memorable, meaningful faith experiences for your child using activities you already do together. The Bible – and brain science – can help. In this workshop, Dawn will lead you in exploring a passage from Deuteronomy and reviewing research on human memory so you can apply scripture and neuroscience to your role as an experienced architect for your kids.

DAVEY BLACKBURN

On November 11, 2011, Davey and Amanda Blackburn loaded up a moving truck and drove from Greenville, South Carolina to Indianapolis, Indiana to start Resonate Church, a place they hoped would bring new life to a city and reach people who didn't know God.

Almost four years later, the unspeakable happened. Davey came home from the gym to find that his pregnant wife had been shot three times during a home burglary gone wrong. Thankfully, their 15-month-old son was left unharmed in his bedroom. Amanda passed away 24 hours later.

The story hit headlines across the country and the months following Amanda's death brought Davey to the lowest level in his life. *Nothing Is Wasted* is the deeply moving story of Davey's journey of despair and hardship, hope and healing and how he has discovered firsthand that God has a bigger purpose in our pain. It is through this tragedy, brokenness, forgiveness and willingness to share his story that God's presence and healing power allows triumph, victory and forgiveness to have the last word.

Nothing Is Wasted: The Courage to Find Purpose in Your Pain, Davey's forthcoming book (November, 2017 Howard Books), is a heart-wrenching, yet inspiring story of a man wrestling with loss, grief and forgiveness after the murder of his wife and how he discovered that God always has a bigger purpose in our pain.

Finding Purpose in Your Pain

The Bible says in Romans 8:28 that God works all things together for the good of those who love him. What do you do when this verse seems impossible to believe - when you face a situation that, on the surface, looks like nothing good could ever come of it?

Almost two years ago Davey Blackburn was faced with a tragedy he never imagined and in an instant his world was shaken with the sudden loss of his wife and best friend, Amanda. Since that day Davey has been determined to help people through their valleys in life and teach them that when following Jesus, Nothing is Wasted.



JEMAR TISBY

Jemar (B.A. Notre Dame; MDIV RTS Jackson) is the President and Co-Founder of the Reformed African American Network (RAAN) where he blogs about race, religion, and culture. He is also the co-host of the podcast Pass The Mic, which amplifies dynamic voices for a diverse church. His writing has been featured in Christianity Today, the Washington Post, and CNN. He has spoken nation-wide at conferences on racial reconciliation, U.S. history and the church. He is a PhD student in History at the University of Mississippi studying race and religion in the 20th century. Jemar is married and has one child. Follow him on Twitter [@JemarTisby](#).

Speaking the Truth in Love about Current Events

The Information Age has expanded our circles of concern to a global scale. We daily hear about events, both domestic and abroad, of fatal interactions between law enforcement and citizens, natural disasters, or terrorism taking the lives unsuspecting men, women, and children. As believers how do we respond to current events in love, especially when the outside world often sees us as judgmental and intolerant? How do we interact with people who may disagree with us about the causes or solutions to particular problems? How do we respond in a Christ-like way in the social media age? This workshop will equip you to keep up with the volume of information coming from the Internet and the media and give you principles for how to speak the truth in love about current events.

