



EXPERIENCE 1

WEAR YOUR CROWN

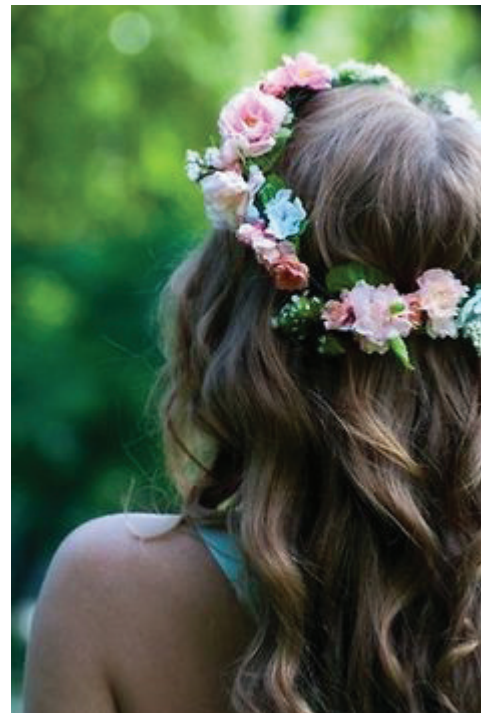
Make a real crown as a reminder of each woman's uniqueness! Gather fresh flowers and weave together beautiful flower crowns. Invite a photographer to come and take individual photos of each mom in all her blooming glory.

SUPPLIES:

- Floral wire
- Floral tape
- Wire cutters
- Greenery
- Flowers (real or faux)

STEP-BY-STEP:

1. Take a piece of floral wire and form it into a circle. Measure around your head to make sure it fits.
2. Tape the circle shut with floral tape, wrapping it around the wire several times.
3. Choose your greenery and cover the wire, forming a base for your crown. Attach the greenery with the floral tape.
4. Add the flowers. Make sure the stem is at least 3 inches long. Attach with floral tape and cut off the excess stem. Make sure you wrap the tape around several times to make sure it stays.
5. Add as many or as few flowers as you would like.
6. Make sure to take pictures of each other or consider setting up a photo booth.





EXPERIENCE 2

ENAMEL PAINTED VASES

Use clear glass jars or vases from home or other repurposed sources. Fill with surface conditioner, then paint the inside with enamel paint. Create a colorful decorative set with a variety of paint colors. *(NOTE: this requires some work ahead of time and you must leave time for the vases to dry. Consider doing this at the beginning of a meeting to allow dry time.)*

SUPPLIES:

- Different size vases (search thrift stores and dollar stores)
- Enamel paint (important to use enamel – other paints will not coat or last)
- Surface conditioner (you can find this at craft stores)
- Paper towels
- Paint brushes

STEP-BY-STEP:

1. Clean the vases with soap and water and allow to dry completely.
2. Cover the inside of the vase with surface conditioner. Pour out the excess and allow the vase to dry completely.
3. Pour the enamel paint into the vase and use a paint brush to cover the entire inside surface.
4. Turn the vase upside down on top of paper towels and allow the excess paint to drip out. The longer the vase is upside down, the thinner the paint will be.
5. Turn the vase right side up and use a paint brush to touch up any spots.
6. Let dry overnight.

NOTE: These are only for decoration. They are not food safe and even storing water in them will cause the paint to break down.





EXPERIENCE 3

UPCYCLED WIPES CONTAINER

Take an empty, clean and dry wipes container (any shape or size). Using decorative duct tape or washi tape, make something beautiful just for you. The box can be taken home and used as a place to store printed photos, quotes or pictures torn from magazines, craft supplies (yarn, paints, pencils, fabric scraps, etc.), recipes or mani/pedi supplies — whatever inspires your creativity.

SUPPLIES:

- Empty baby wipes containers (have your moms/leaders collect them over the summer)
- Duct tape or washi tape (there are lots of fun designs at big box stores, dollar stores, craft stores or office supply stores)
- Scissors

STEP-BY-STEP:

1. Make sure wipes containers are clean on the inside and the outside.
2. Remove the labels if you are using washi tape, as the labels will show through.
3. Use your creativity to cover the containers however you would like: solid, stripes, plaid or any other design.





EXPERIENCE 4

KEY CHIME

Take a collection of keys and paint with enamel paint. Allow to dry. Then hang from a rod or painted stick with twine or yarn.

SUPPLIES:

- Several old keys per person
- A stick or thin piece of wood
- String, yarn or fishing line
- Paint

STEP-BY-STEP:

1. Paint keys and stick in a variety of colors – be creative – and allow to dry. The keys may take more than one coat.
2. Tie the string to the stick in various locations, but close enough that the keys will hit each other when the wind blows.
3. Tie the other end of the string to the keys.
4. Tie extra string to each end of the stick to create a hanger.
5. Hang and enjoy!





EXPERIENCE 5

GIVING PLATE

"This plate belongs to everyone, wherever it may go ... with each new sharing of its gift, the love and blessings grow. So fill it up and pass it on to family and friends ... to start the circle one more time, love's journey never ends."

SUPPLIES:

- Smooth ceramic plate or platter
- Create a design to trace
(print out words and patterns ahead of time) OR draw freehand
- Pencil
- Scissors
- Tape
- Ceramic, glass or porcelain pens
- Nail polish remover & Q-tips
- Oven

STEP-BY-STEP:

1. Start by creating a design and typing text in an attractive font. Print out the words/design and trim around the design to remove excess paper.
2. Turn paper over and completely color the back of the design with pencil.
3. Flip paper to right side, position on plate, and tape down to prevent shifting.
4. Using pencil again, trace the outline of the design onto the plate, pressing down very firmly to ensure transfer to plate.
5. Remove the paper and tape to reveal a light pencil outline of the design (OPTION: Draw design freehand with the special markers.)
6. Fill in design outline using paint or markers. (TIP: Push some of the paint out onto a piece of paper and use a small paint brush for fine lines. Make a mistake? Use some nail polish remover to remove it.)
7. Once design is complete, bake plate in oven according to the directions on pens. After baking, the plates are dishwasher safe.
8. Fill the plate with some type of goodie (homemade or not is up to you), wrap, and pass it on to someone special!





EXPERIENCE 6

WASHER NECKLACES

Trace a washer onto paper. Cut it out, including inner circle. Coat washer with mod podge and adhere the cut out paper to it. Allow to dry. Write affirmation words if desired. When dry, use nail file to smooth edges. Seal with additional layer of mod podge. Once dry, tie string or ribbon through to make a necklace.

SUPPLIES:

- Washers (various sizes)
- Scrapbook paper
- Mod Podge
- Ribbon, string or cross-stitch thread
- Scissors
- Craft knife
- Nail file
- Paint brushes/sponges



STEP-BY-STEP:

1. Place the washer on the paper and draw around the outside and the inside of the washer.
2. Cut out the center circle with the craft knife.
3. Use scissors to cut the outside circle.
4. Paint some Mod Podge on the washer and place paper, printed side up, on the washer. This will serve as glue.
5. Paint more Mod Podge over top of the paper to seal it and allow it to dry completely.
6. When it is dry, use the nail file to smooth the rough edges where the paper may extend past the washer.
7. Measure the length of ribbon/string necessary to form a necklace.
8. Fold ribbon/string in half and thread through middle circle. Then thread the ends through the loop and pull to secure.
9. Tie off the ends to form a necklace.



EXPERIENCE 7

PLAN A DATE

Go around the table and share your very best date night idea (some expensive, some cheap, some free! Do a search for 'best dates' in your city for ideas. Don't forget ideas for dates 'in,' too). When you hear an idea you like, write it on a craft stick and take home a full 'date night jar' of ideas to pick from for your next night. This is a great time to set up a baby-sitting swap with another mom!

SUPPLIES:

- Craft sticks
- Ultra-Fine point Sharpie marker
- Optional: Additional colored markers
- Jar or other container
- Ribbon and decorative paper

STEP-BY-STEP:

1. Write each date idea on a craft stick.
2. Use different colors to indicate expense level.
3. Decorate jar with ribbon or decorative paper.
4. Pick a date and enjoy!





EXPERIENCE 8

SEE, LOVE OR CELEBRATE MIRRORED TILES

Choose a word that will help remind you to see, love and celebrate people. Using paint markers, write the word on a mirrored tile. Color the edge of the tile to make a framed look. Create a hanger for the tile with ribbon. Secure ribbon on the back of the tile with Duct tape.

SUPPLIES:

- Plain mirrored tile from a hardware store – any size.
- Paint markers
- Glue (Select a glue that specifically says it adheres to mirrors.)
- Ribbon
- Duct tape
- Embellishments

STEP-BY-STEP:

1. Clean the mirror.
2. Decide what word you'd like to write on the mirror. Have some suggestions ready for attendees reminding you to see, love and celebrate people.
3. Use the paint markers and write the word on the mirror.
4. Decorate the edges of the mirror with paint markers or by gluing embellishments of your choice. (Use the right kind of glue! It should say it adheres to mirrors.)
5. Cut a ribbon and duct tape it to the back of the mirror to make a hanger.



EXPERIENCE 9

BURLAP BANNER

SUPPLIES:

- 1 yard of 40" burlap (will yield 20 pennants)
- Fray check (optional)
- Sharpie markers (OPTIONAL: acrylic paint & brush or paint pen)
- Iron
- 5" letters, printed on 8.5"x11" paper or stencils to spell out FAMILY, HOPE or any other celebratory word
- Chalk
- Ruler
- Sharp scissors
- Tape
- Twine or ribbon (approximately 2 yards per banner)
- Hot glue gun



STEP-BY-STEP:

1. Iron burlap to remove creases. Using chalk and ruler, measure and mark the burlap into 7" wide x 10" long rectangles or triangles (you could also create a template and trace). Cut along chalked lines. (OPTIONAL: To create a decorative flag edge, fold a rectangle piece in half lengthwise. Measure up 1-1/2" from the bottom edge and make a small mark on the fold. Cut from the mark to the bottom outside corner. Unfold.) Use fray check on cut edges of burlap.
2. Position a burlap pennant over a letter you want to trace leaving about 2" at the top of the pennant, and use tape to hold it in place. (If using stencils, position the stencil on the burlap.)
3. Using a Sharpie marker, trace the outline of the letter onto the burlap (you can see it through the burlap). Completely fill in outline with Sharpie or paint brush/pen. (If you opt to use paint, once the letter is painted, remove the paper from the back and lay the burlap on a paper towel to allow the paint to dry faster.)
4. Lay letters face down, spelling the word backwards (from right to left).
5. Attach twine using hot glue across the top edge of each burlap piece. Start with the middle letters and glue one at a time, spacing the burlap pennants evenly and leaving an amount of twine on each end to hang the banner.



EXPERIENCE 10

DIY SOFT HANDS SUGAR SCRUB

A little treat for all the tough things your hands do all day! Try this easy 3-ingredient recipe to make up a jar of sugar scrub. Add a pretty ribbon to the jar. Remember to take a moment to breathe while you enjoy a few seconds of pampering while you scrub.

SUPPLIES:

- Canning jar with lid
- Sugar
- Dawn Hand Renewal Dish Soap
- Essential Oils (optional)
- Craft stick

STEP-BY-STEP:

1. Fill your container about 2/3 with sugar.
2. Slowly add dish soap, stirring with the craft stick, until consistency is a little thinner than wet sand.
3. Add a few drops of essential oils to make it smell extra special.



EXPERIENCE 11

TIN CAN CANDLES

Use paper, washi tape or ribbon to decorate a clean and dry tin can, Mason jar or votive. Make a grouping of three.

SUPPLIES:

- Empty tin cans, Mason jars or votive holders, various sizes
- Sandpaper
- Tape or glue
- String or twine
- Embellishments such as buttons, beads or flowers
- Paper, washi tape or ribbon
- Tea light candles or battery powered tea lights (optional)

STEP-BY-STEP:

1. Make sure jars or cans are clean and edges are smooth. Use sandpaper on the cans, if necessary.
2. If using paper to cover the container, measure the height and circumference before cutting the paper. Add extra to the circumference to overlap the edge.
3. Tape or glue the paper or ribbon to the outside of the container.
4. Wrap the string or twine around and secure with tape or glue.
5. Add embellishments.

Make several to create a grouping and add tea light candles or battery powered tea lights.





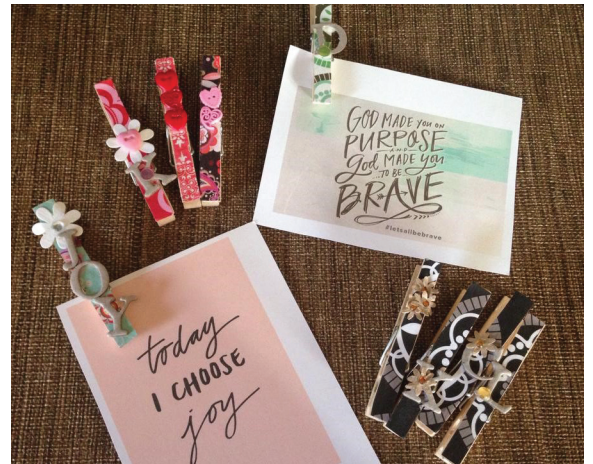
EXPERIENCE 12

CLOTHESPIN MAGNETS

Mod Podge pretty paper and embellishments to the flat side of a clothespin. Attach a magnet to the opposite side for a decorative way to hold important papers or pictures on your refrigerator.

SUPPLIES:

- Wooden clothespins
- Scrapbook paper
- White craft glue or Mod Podge
- Paintbrush
- Adhesive magnet strips
- Small flowers, wooden letters, buttons, etc. for embellishment
- Fun printables or blank paper and markers to make your own (optional)



STEP-BY-STEP:

1. Cut strips of paper the same width and length as your clothespins.
2. Coat the surface of the wooden pin with glue or Mod Podge, then place strip of paper onto the clothespin and position appropriately.
3. Add a couple more coats of glue or Mod Podge over the paper to provide a light varnish layer. Allow to dry completely between coats. If necessary, after the glue has dried, use a craft blade to trim any excess paper from each end.
4. Attach an adhesive magnetic strip to the back of the clothespin. The magnet should cover about 2/3 the length of the clothespin.
5. Use glue to add any embellishments.
6. OPTIONAL: Have moms select printables they want to display – or use paper and markers to make their own.



EXPERIENCE 13

CHALKBOARD PLATTERS

Paint the center of platters with chalkboard paint to create a message board.

SUPPLIES:

- Silver-tone tray or platter
- Medium-grit sandpaper
- Chalkboard paint
- Small foam brush
- Chalk

STEP-BY-STEP:

1. Sand the platter surface lightly with sandpaper to roughen up the surface so the paint has something to stick to. Wipe to remove any loose particles.
2. Using a small foam brush, carefully paint an outline of where the chalkboard paint should go, then fill in the center of the platter with paint. *(OPTION: Cover the edges of the tray with painters tape before painting.)*
3. Paint 3 to 4 coats, allowing paint to dry to touch in between coats.
4. Don't write on the board yet! Let paint dry at least 24 hours. Send a piece of chalk home with each mom.
5. Season the painted chalkboard surface by rubbing it all over with chalk, then wiping off.





EXPERIENCE 14

SCRABBLE TILE COASTERS

Using wood Scrabble game tiles, create a set of coasters. You can create theme words (rest, love, home, cozy), seasonal words (snow, star, joy, tree), sentences (Pass the popcorn), or make it random.

SUPPLIES:

- 16 Scrabble letters per coaster
- Hot glue
- Cork tiles or roll of cork
- Utility knife
- Mod Podge or polyurethane

STEP-BY-STEP:

1. Line up your tiles to form four, four-letter words or leave as random letters (*TIP: Turn the tiles over to create a blank tile.*)
2. Using a sharp utility knife, cut cork to fit size of coaster.
3. Glue tiles to cork.
4. Cover with Mod Podge or polyurethane.
5. Let it dry completely before placing your beverage on it!





EXPERIENCE 15

DIY CHAI OR HOT COCOA MIX

Mix up a batch to take home so you are ready to sip a warm cup of something delicious when you need a moment to breathe. Add a pretty tag or ribbon to the jar to remind yourself that it's special.

Bring the dry ingredients and have moms measure, mix and scoop into jars. Provide cups and hot water to enjoy a treat when you are done OR label jars to take home as a gift to yourself or someone else. There are many similar recipes available on Pinterest. Pick one that sounds the best to you!

SUPPLIES:

- Jars – you select the shape and size
- Paper tags, labels or sharpies (optional)
- Twine or ribbon to tie your tag on the jar (optional)
- Measuring cups/spoons/scoops (whatever you need to measure out ingredients)

STEP-BY-STEP:

1. Mix dry ingredients in mixing bowl until all incorporated.
2. Spoon into small jars.
3. OPTIONAL: Decorate jars with a label, markers or tag that includes directions for mixing and heating.

FOR CHAI: (makes 36 single servings)

- 1 cup powdered milk
- 1 cup non-dairy creamer
- 1 cup vanilla flavored non-dairy creamer
- 2 ½ cups white sugar
- 1 ½ cups unsweetened instant tea
- 2 tsp. ground ginger
- 2 tsp. ground cinnamon
- 1 tsp. ground cloves
- 1 tsp. ground cardamom

To enjoy Chai: stir 2 heaping tablespoons into a mug of hot water

FOR HOT COCOA: (makes 5 ½ cups dry mix)

- 2 cups powdered sugar
- 1 cup cocoa powder
- 2 ½ cups powdered milk
- 1 tsp. salt
- 2 tsp. cornstarch

To enjoy Cocoa: fill mug halfway with powder and pour in hot water.



EXPERIENCE 16

BUBBLE BATH PAINT

Using three simple ingredients, make some bath time fun and bring out the Rembrandt in your child (or yourself!).

SUPPLIES:

This is enough to make 4 containers.

- 1 cup baby bubble bath or body wash (must be clear or white)
- 4 tbsp. cornstarch
- Food coloring
- Small containers with lids
- Mixing bowls

STEP-BY-STEP:

1. In a mixing bowl, mix together your bubble bath and cornstarch.
2. Pour this mixture into 4 small containers.
3. Place two drops of food coloring in each container and mix well. *(NOTE: Don't use more than two drops so it won't stain.)*
4. Your kids can use either paintbrushes or their hands to have fun in the tub. Keep your paint covered between uses.





EXPERIENCE 17

CANDLESTICK FRAMES

Paint and decorate picture frames to freshen up that family picture.

SUPPLIES:

- Picture frames
- Candlesticks
- Spray paint
- Hot glue
- Embellishments: flowers, ribbon, etc.

STEP-BY-STEP:

1. Spray paint the frame and candlestick. May require 2-3 coats of paint. Let dry between coats.
2. Hot glue frame onto the candlestick. Hold in place for a minute or two to make sure it sticks. *(TIP: Make sure the front edge of the frame is flush with the front of the candlestick.)*
3. Secure any desired embellishments with hot glue.

TIP: You may want to spray paint the frames and sticks several days before your meeting so they are dry and ready to assemble. If you want moms to do the spray painting, do it outside or in a well-ventilated area. Consider painting at the beginning of your meeting and adding another coat halfway through so your frames will be dry by the end.





EXPERIENCE 19

DRY / SPRAY SHAMPOO

A DIY Dry shampoo mix that can also be made into a spray. A blend for brunette, blond and red hair. Perfect for those days you can't quite make it into the shower.

SUPPLIES:

- ¼ cup cornstarch
- ¼ cup rubbing alcohol
- ¾ cup water
- 5-7 drops of essential oil (optional – just for scent)
- For dark hair: add 1 tbsp. cocoa powder
- For red hair: add 1 tbsp. cinnamon

STEP-BY-STEP:

1. Use a funnel to pour all ingredients in spray bottle.
2. Shake vigorously before each use (the cornstarch will settle at the bottom).
3. Spray shampoo on roots around hairline until damp.
4. Blow dry with round brush to soften and style.



EXPERIENCE 20

EASY STRING ART

SUPPLIES:

- 10"x10" Styrofoam square (You can use any size, but our directions and quantities are for a 10"x10" square.)
- 13-inch Fabric square
- 130 Brass escutcheon pins or small nails with heads, 1" long (130 for each person)
- Embroidery floss
- Craft glue
- Wooden craft sticks to spread glue (commonly called tongue depressors)
- Scissors

STEP-BY-STEP:

1. Using a wooden craft stick, put a thin layer of glue over the front of the foam square. Wrap the foam in fabric, smoothing as you go and making neat corners on the back. Use craft glue and nails to secure the corners.
2. Create a shape in the center by sticking evenly spaced nails in the foam. (If you want to get really exact, you can mark the nail spots first using a ruler and pencil or provide shaped templates.)
3. Place nails evenly around the edges of the foam.
4. Double knot the string around a nail to start.
5. Begin wrapping the string from the outside nails to the inside nails.
Always wrap clockwise around the nails so your art will look consistent.
6. When you reach the end, tie the string off with another double knot.



Note: if you run out of string in the middle, double knot the end and start back in the same place with the next piece of string with a double knot.