



## MOPS@ Fact Sheet

### What is MOPS@?

MOPS@ is a small group-based adaptation of the MOPS program, designed to meet the needs of mothers of preschoolers in unique settings. This simple format allows churches and Christian ministries the flexibility to reach moms in a home, work place, community center or coffee shop.

### Chartering Information

Each MOPS@ group will have its own MOPS Group ID number. This gives the group access to all resources offered by MOPS International. Benefits include:

- Affiliation with MOPS International
- MOPS Charter Box (see list)
- MOPS *Curriculum*
- Leadership Development training
- *Connections* Magazine
- Local Field Leader support
- Leaders' Web site
- MOPS International Membership (additional fee)

### Chartering Specifics

- If a MOPS@ group charters as the first group with a Chartering Ministry, the Fee is \$399.
- A Chartering Ministry may have multiple MOPS groups (Classic, MOPS@, Teen, etc.) but must have separate Charters for each group.
- Annual Charter Renewal is required. Information is sent to the Chartering Ministry each spring.
- The Chartering Ministry is the legal and spiritual authority for all MOPS groups, regardless of their meeting location.

### MOPS@ Charter Box Contents

Leader's Library DVD Set:

*In The Know: Leadership Training*

2010 Theme Planning

*Momology: The Art and Science of Mothering* MOPS Group Curriculum

MOPS Awareness video segments

Theme book: *Momology: A Mom's Guide to Shaping Great Kids* (one copy)

MOPS Publicity Poster

### MOPS International Membership

MOPS International Membership Registration is required for all moms attending a MOPS group. This is one way for MOPS International to encourage and reach out to each mom in this season of her life. After chartering your group, you can register members at [www.MOPS.org/registration](http://www.MOPS.org/registration).

## **MOPS@ Leadership**

Each MOPS@ group has at least one MOPS@ Leader. Because MOPS International has a commitment to mentoring, we strongly encourage each MOPS@ group to identify a MOPS Mentor. We encourage MOPS@ Leaders to work closely with each other and with the Chartering Ministry. This will help the Chartering Ministry stay involved in the program, keeping the group strong and healthy. The MOPS@ Leader becomes the primary point of contact and facilitator of the meeting. A typical MOPS@ leadership team may include additional leaders as needed.

## **Format**

- MOPS International provides *MOPS Curriculum* as the teaching component for the MOPS@ group. One Leaders' Pack *Curriculum* is provided in the Charter Packet.
- The MOPS@ format is adaptable to the needs of the local community. Because flexibility is a key component of the MOPS@ program, the Chartering Ministry has numerous options regarding the format and components of the MOPS@ program. These options may include childcare, Creative Activities and meeting frequency and time frame.
- MOPS International is a lifestyle evangelism organization. Each MOPS@ group should present the gospel twice a year, through a life story that demonstrates the hope and help found in Jesus. Because of our focus on lifestyle evangelism, every MOPS@ meeting should be a demonstration of the love of Jesus as expressed through his people.
- We encourage each MOPS@ group to have activities throughout the year that provide opportunities for building relationships within the group and with other MOPS@ groups under the same Chartering Ministry. Such activities can also encourage participants toward connecting to a local church.
- MOPS@ groups will vary in size; however, each group should be no larger than 12 women. Since MOPS@ groups are designed to be intimate in nature, a group larger than 12 would result in a loss of that intimacy.

## **Sample MOPS@ Meeting**

Welcome with refreshments

Icebreaker – get acquainted activity

Teaching component (*MOPS Curriculum*)

Discussion Time

Optional: Creative Activity